**A Day In The VO Life**

*(My day is not your day! This is just an example of how I structure my workday.)*

**7:00 AM – 7:30 AM: “Morning Routine”**

Wake up, shower, have breakfast, check my email, and plan my day.

**7:30 AM – 8:00 AM: “Morning Auditions”**

I do as many auditions as I can in thirty minutes. On a good day I can do eight!

**8:00 AM - 9:00 AM: “Financials”**

I clean out my email Inbox, balance my checkbooks, reconcile invoices, pay bills, and update other financial records.

**9:00 AM – 12:00 PM: “Recording Time”**

I record all the short-form gigs first, then start on long-form gigs.

**12:00 PM – 1:00 PM: Lunch**

I have lunch and then meditate for about 15-20 minutes. It’s nothing fancy; I just close my eyes, relax, and plan out the rest of my day.

**1:00 PM – 5:00 PM: “Quadrant 2 Activities”**

I focus on current marketing campaigns, other voiceover-related activities, finish whatever recording I started in the morning, work with my students, and record any other auditions & gigs that come in.